

Trackstar  
Norfolk Arena  
Saddlebow Road  
King's Lynn  
Norfolk  
PE34 3AG

## **MINISTOX HEALTH & SAFETY NOTICE**

5<sup>th</sup> July 2025

Dear MiniStox Parent / Guardian

Please go through the points below and ensure your child is fully aware and understands them before they go on track. Thank you for your support and we hope you enjoy your evening.

**PLEASE NOTE CHANGE TO FORMAT WHICH IS DIFFERENT TO WHAT APPEARS IN THE PROGRAM**

### **IMPORTANT INFORMATION**

No driver must exit their car on the infield or on track until there is a race stoppage unless there is a major problem – IE Fire. If you go on the infield you must remain in your car with belts and helmet on for the duration of the race. If you are on track you must not exit your car unless there is a race stoppage. If a stoppage occurs and you wish to exit your car you must go to the safe area which is the other side of the fence. You must keep your helmet on and stand away from the stock car fence and not obstruct marshalls. If you wish to take your helmet of you must go through one of the exit gates to the other side of the catch fencing. Driver on the middle may also do this if they do not want to stay in their cars following a stoppage.

We would like to take the opportunity to remind you of some of our important Rules of Racing.

**No attacking cars on the Concrete Safety Area. All of the concrete area is designated as a safety area.**

**No Driving at a speed above walking pace on the Concrete Safety Area.**

**If you enter the concrete area inside the ring of tyres you should stop immediately and under no circumstances exceed walking pace.**

We hope you have an enjoyable meeting

Regards

TSR

## Format

1. F1 Stock Car Whites and Yellows
2. **MiniStox Heat 1**
3. Saloon Stock Car Heat 1
4. F1 Stock Car Heat 1
5. F1 Stock Car Heat 2
6. **MiniStox Heat 2**
7. Saloon Stock Car Heat 2
8. F1 Stock Car Consolation
9. **MiniStox Final**
10. F1 Stock Car Final
11. Saloon Stock Car Final
12. F1 Stock Car Grand National

**PLEASE NOTE THAT THERE ARE GREEN TYRES BETWEEN TURN 3 AND TURN 4. THE LEAD WHITE TOPS MAY START AT ANY PERIOD BETWEEN THESE TWO TYRES. THE SAME GOES FOR ANY RESTARTS. DRIVERS STARTING BEFORE REACHING THE FIRST GREEN TYRE WILL BE DOCKED PLACES. IT IS IMPORTANT THAT ALL DRIVERS FROM ALL GRADES GO AT A STEADY ROLLING PACE UNTIL THE RACE STARTS. ANY DRIVER WHO STARTS RACING BEFORE THIS WILL BE DOCKED OR EXCLUDED FROM THE RACE. YOU HAVE ALL BEEN WARNED. THE LEAD WHITE TOP MUST SET A STEADY PACE AND THE POLE SITTER IN EACH GRADE IS RESPONSIBLE FOR MAINTAINING THE GAP BETWEEN GRADES.**

**Please note that if your car needs recovering after a race you must wait inside your car and not get out of it.**

### **Race Stoppage Restarts**

In the event of a stoppage the race will be restarted with any backmarkers between the top six drivers which are on the lead lap removed and sent to the back of the grid. These drivers will gain a lap back in the race. No driver must attempt to overtake or unlap themselves without being instructed to do so by an official. Any driver doing so OR moving on red flags without being instructed to do so will be excluded from the race.

### **Pit Safety**

Please note there is no smoking in the pits

There is a strict walking pace speed limit in the pits

When working under your car you must make sure it is supported by either a proper axle stand or with some wheels and not just left on a jack so if the car slips off the jack there is something to stop it causing a serious injury to whoever is underneath it. If a Hiab is used ensure part of the car is over the flatbed area of the lorry.

All fuel must be kept in sealed containers.

- In the pit area the speed limit shall not exceed walking pace at all times! Drivers and mechanics are reminded they must not encourage members of the public (especially children) into the pit area. Members of the public are not permitted to gain entry to any racing venue via the pit gate entrance under any circumstances.
- When drivers are working on their car in the pits they should be aware at all times that members of the public may be in the pit area, as well as other competitors, mechanics and members of their families. The driver should make sure that a member of their crew is responsible for ensuring no-one is placed in danger by their work. Members of the public should be at least 2 metres away when carrying out any mechanical work.
- Normal Health and Safety rules apply within the Pit area. This particularly applies when mechanical equipment is being used like hiabs, stihl saws and welding equipment. Drivers must ensure that the people who are operating this equipment are fully qualified to do so and have the appropriate personal protective equipment such as goggles and footwear. The actions of the drivers crew remain their responsibility throughout the raceday.
- Fuel should be stored in approved containers and well away from public areas. When re-fueling a vehicle, a second person must be present with a fire extinguisher. Extra care should be taken if the engine is still hot. Members of the public should be at least 2 metres back when re-fueling.
- It is an ORCi rule in all formulas that a fully operational Fire Extinguisher is kept with all tow vehicles and its position is known to all your pit crew.
- When driving any vehicle in the pits you must always obey the 5 mph limit.
- Children must be accompanied by an adult at all times.

### **Wheels and Tyres**

Please ensure you take all your rubbish with you including wheels and tyres. Any driver leaving wheels and tyres in the pits will be subject to an ORC ban.

Drivers should not have Smart-devices on their person during racing. Some have technology built into them, which could trigger responses from Emergency Services on impact.